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A biologically active extract from at least one plant selected from the group consisting of Aframomum aulocacarpus, Aframomum danellii, Dracaena arborea, Eupatorium odoratum, Glossocalyx brevipes and Napoleonaea imperialis.

- 2. A biologically active extract according to claim 1, wherein said extract is from *Aframomum aulocacarpus*.
- 3. A biologically active extract according to claim 2, wherein said extract comprises a Labda-8(17),12 diene-15,16-dial compound.
- A biologically active extract according to claim 1, wherein said extract is from
 Aframomum danellii.
 - 5. A biologically active extract according to claim 4, wherein said extract comprises a Labda-8(17),12 diene-15,16-dial compound.
- 25 6. A biologically active extract according to claim 1, wherein said extract is from Dracaena arborea.
 - 7. A biologically active extract according to claim 6, wherein said extract comprises Mannispirostan A.
 - 8. A biologically active extract according to claim 1, wherein said extract is from *Eupatorium odoratum*.
- 9. A biologically active extract according to claim 8, wherein said extract35 comprises Sakuranetin.

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- 5 10. A biologically active extract according to claim 1, wherein said extract is from Glossocalyx brevipes.
 - 11. A biologically active extract according to claim 1, wherein said extract is from *Napoleonaea imperialis*.
 - 12. A biologically active extract according to claim 1, wherein said extract is from at least one of roots, stem bark, leaves, fruits or seeds from said plant.
- 13. A method of preparing a biologically active extract from at least one plant selected from the group consisting of *Aframomum aulocacarpus*, *Aframomum danellii*, *Dracaena arborea*, *Eupatorium odoratum*, *Glossocalyx brevipes* and *Napoleonaea imperialis*, the method comprising: pulverizing at least a part of said plant;
- selecting a solvent which dissolves or solubilizes a desired biologically active compound from said plant;

combining said solvent and said pulverized plant to extract said desired biologically active compound; and

removing said solvent from said extract of said desired biologically active compound.

- 14. A method according to claim 13, wherein said plant comprises *Aframomum* aulocacarpus.
- 15. A method according to claim 13, wherein said plant comprises *Aframomum*30 *danellii*.
 - 16. A method according to claim 13, wherein said plant comprises *Dracaena* arborea.
- 35 17. A method according to claim 13, wherein said plant comprises *Eupatorium* odoratum.

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- 18. A method according to claim 13, wherein said plant comprises *Glossocalyx* brevipes.
- 19. A method according to claim 13, wherein said plant comprises *Napoleonaea*10 imperialis.
 - 20. A topical composition composition comprising a biologically active extract from at least one plant selected from the group consisting of *Aframomum aulocacarpus*, *Aframomum danellii*, *Dracaena arborea*, *Eupatorium odoratum*, *Glossocalyx brevipes* and *Napoleonaea imperialis* in a topical carrier.
- An oral composition comprising a biologically active extract from at least one plant selected from the group consisting of Aframomum aulocacarpus, Aframomum danellii, Dracaena arborea, Eupatorium odoratum, Glossocalyx
 brevipes and Napoleonaea imperialis in an oral carrier.
- An intravenous composition comprising a biologically active extract from at least one plant selected from the group consisting of *Aframomum aulocacarpus*, *Aframomum danellii*, *Dracaena arborea*, *Eupatorium odoratum*,
 Glossocalyx brevipes and Napoleonaea imperialis in an intravenous carrier.
 - 23. A method of treating a fungal or protozoal disease in a mammal comprising applying a biologically active extract from at least one plant selected from the group consisting of Aframomum aulocacarpus, Aframomum danellii, Dracaena arborea, Eupatorium odoratum, Glossocalyx brevipes and Napoleonaea imperialis.
 - 24. Method according to claim 23, comprising applying a topical composition containing said biologically active extract.
 - 25. Method according to claim 23, comprising ingesting an oral composition

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- 5 containing said biologically active extract.
 - 26. Method according to claim 23, comprising injecting an intravenous composition containing said biologically active extract.
- 10 27. A compound comprising:

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28. A compound comprising:

C₁₇H₁₈O₄ 286.32 286.120509 C 71.3% H 6.3% O 22.4%

5 29. A compound comprising:

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